

SUMMER 2019 SCHEDULE
June 5 , 2019 – September 1, 2019

DULUTH (4013 Woodland Ave.)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30a-10:30a All ranks All Ages Karate				Private lessons by appointment
4:30-5:15	4:30-5:15 Dragons 4-6 years	4:30-5:15	4:30-5:15 Dragons 4-6 years	4:30-5:15	
5:15-6:00	5:15-6:00 Youth Beginner Karate	5:15-6:00	5:15-6:00 Youth Beginner Karate	5:15-6:00	All students attending class in Duluth can also attend in Superior
6:00-6:45	6:00-6:45 Dragons 4-6 years	6:00-6:45	6:00-6:45 Dragons 4-6 years	6:00-6:45	
6:45-7:30	6:45-7:30 Youth Intermediate & Advanced	6:45-7:30	6:45-7:30 Youth Intermediate & Advanced	6:45-7:30	
7:30-8:30	7:30-8:30 Adult All Ranks Karate	7:30-8:30 Adult Muay Thai	7:30-8:30 Adult All Ranks Karate	7:30-8:30	

SUPERIOR (102 Belknap St.)											
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Blue Room	Red Room	Blue Room	Red Room	Blue Room	Red Room	Blue Room	Red Room	Blue Room	Red Room	Blue Room	Red Room
				9:30a-10:30a All ranks All Ages Karate							Private lessons by appointment
							3:30-4:20 Adult Adaptive			All students attending class in Superior can also attend	
4:30-5:15 Dragons 4-6 years	4:30-5:15 Youth Intermediate Karate	4:30-5:15 Youth Advanced Karate	4:30-5:15 Youth Black Belt Karate	4:30-5:15 Dragons 4-6 years	4:30-5:15 Youth Intermediate Karate	4:30-5:15 Youth Advanced Karate	4:30-5:15 Youth Black Belt Karate	4:15-5:00 Youth Adaptive Karate			
5:15-6:00 Youth Beginner Karate	5:15-6:00 Youth Black Belt Candidates	5:15-6:00 Youth Intermediate Karate	5:15-6:00	5:15-6:00 Youth Beginner Karate	5:15-6:00 Youth Black Belt Candidates	5:15-6:00 Youth Intermediate Karate	5:15-6:00	5:00-6:00 Adult Adaptive Karate			
6:00-6:45 Dragons 4-6 years	6:00-6:45 Youth Advanced Karate	6:00-6:45 Youth Beginner Karate	6:00-6:45	6:00-6:45 Dragons 4-6 years	6:00-6:45 Youth Advanced Karate	6:00-6:45 Youth Beginner Karate	6:00-6:45				
7:00-8:00 Adult All Ranks Karate	7:00-8:00 Adult All Ranks Karate	7:00-8:00 Adult All Ranks Muay Thai	7:00-8:00 Open Mat	7:00-8:00 Adult All Ranks Karate	7:00-8:00 Adult All Ranks Karate	7:00-8:00 Adult All Ranks Muay Thai	7:00-8:00 Open Mat				
8:00-9:00 Open Mat	8:00-9:00 Adult BB & Candidates	8:00-9:00	8:00-9:00	8:00-9:00 Open Mat	8:00-9:00 Advanced Traditional Weapons	8:00-9:00	8:00-9:00				