

Spring 2019 Schedule – valid March 13th – June 2nd

Monday			Tuesday			Wednesday			Thursday		
Superior Blue	Superior Red	Duluth	Superior Blue	Superior Red	Duluth	Superior Blue	Superior Red	Duluth	Superior Blue	Superior Red	Duluth
11:30a-1:00p Open Mat						11:30a-1:00p Open Mat					
		3:45-4:30 Dragons 4-6 years			3:45-4:30			3:45-4:30 Dragons 4-6 years		3:30-4:20 Adult Adaptive	3:45-4:30
4:30-5:15	4:30-5:15 Youth Advanced Karate	4:30-5:15 Youth Beginner Karate	4:30-5:15 Youth Intermediate Karate	4:30-5:15 Youth Black Belt Karate	4:30-5:15 Dragons 4-6 years	4:30-5:15	4:30-5:15 Youth Advanced Karate	4:30-5:15 Youth Beginner Karate	4:30-5:15 Youth Intermediate Karate	4:30-5:15 Youth Black Belt Karate	4:30-5:15 Dragons 4-6 years
5:15-6:00 Dragons 4-6 years	5:15-6:00 Youth Beginner Karate	5:15-6:00 Youth Intermediate & Advanced	5:15-6:00 Dragons 4-6 years	5:15-6:00 Youth Black Belt Candidates	5:15-6:00 Youth Beginner Karate	5:15-6:00 Dragons 4-6 years	5:15-6:00 Youth Beginner Karate	5:15-6:00 Youth Intermediate & Advanced	5:15-6:00 Dragons 4-6 years	5:15-6:00 Youth Black Belt Candidates	5:15-6:00 Youth Beginner Karate
6:00-6:45 Dragons 4-6 years	6:00-6:45 Youth Intermediate Karate	6:00-6:45	6:00-6:45 Youth Beginner Karate	6:00-6:45 Youth Advanced Karate	6:00-6:45 Dragons 4-6 years	6:00-6:45 Dragons 4-6 years	6:00-6:45 Youth Intermediate Karate	6:00-6:45 Youth Black Belt & Candidates	6:00-6:45 Youth Beginner Karate	6:00-6:45 Youth Advanced Karate	6:00-6:45 Dragons 4-6 years
7:00-8:15 Adult All Ranks Karate	7:00-8:15 Adult All Ranks Karate	7:00-7:50 Adult Muay Thai	7:00-8:15 Adult All Ranks Muay Thai	7:00-8:15 Adult All Ranks Muay Thai	7:00-7:50 Adult All Ranks Karate	7:00-8:15 Adult All Ranks Karate	7:00-8:15 Adult All Ranks Karate	7:00-7:50 Adult Muay Thai	7:00-8:15 Adult All Ranks Muay Thai	7:00-8:15 Adult All Ranks Muay Thai	7:00-7:50 Adult All Ranks Karate
8:15-9:00 Open Mat	8:15-9:15 Adult Black Belt & Candidates	8:00-8:50	8:15-9:00	8:15-9:15	8:00-8:50	8:15-9:00 Open Mat	8:15-9:15 Advanced Traditional Weapons	8:00-8:50	8:15-9:00 Open Mat	8:15-9:15	8:00-8:50 Adult Black Belt & Candidates

Friday			Saturday		
Superior Blue	Superior Red	Duluth	Superior Blue	Superior Red	Duluth
	4:15-5:00 Youth Adaptive Karate		9:30a-10:30a Open Mat Muay Thai	9:30a-10:30a All Ages All Ranks Karate	
	5:00-6:00 Adult Adaptive Karate				
6:00-7:00 Adult Black Belts					
7:00-8:15 Adult All Ranks Muay Thai	7:00-8:15 Adult All Ranks Karate				

No Classes 3/11 or 3/12 after the test.

- Youth Karate Beginner: white belt to orange/black stripe (ages 7 and older)
- Youth Karate Intermediate: blue belt to purple/black stripe (ages 7 and older)
- Youth Karate Advanced: brown belt to black belt (ages 7 and older)
- Students 13 years or older may attend adult classes upon approval
- Traditional weapons are part of the karate curriculum starting at Intermediate (blue belt)
- Adaptive Martial Arts is available to students of all abilities (ages 7 and older)

Please check important dates on the back!!

NEXT TEST DATES ARE:

March 8th & 10th

May 31st & June 2nd



IMPORTANT DATES and CLOSINGS 2018/2019/2020

November 22-24, 2018	NO CLASSES – Thanksgiving
November 30, 2018	Muay Thai Testing
November 30, 2018	Karate Youth White Belt Testing (Friday at the academy in Superior)
December 1, 2018	Karate Black Belt Test (Youth, Adult and Upper ranks) and Muay Thai Black Sash Test
December 2, 2018	Karate Testing (Sunday at the Clyde Event Center)
December 3 & 4, 2018	Open House for new students – NO CLASSES
December 15, 2018	Muay Thai Black Sash Test
December 22-January 1, 2019	NO CLASSES – winter break
January 19, 2019	Self-Defense Seminar
February 10, 2019	WINTER Spirit of the Arts Open Tournament
March 8, 2019	Muay Thai Testing
March 8, 2019	Karate Youth White Belt Testing (Friday at the academy in Superior)
March 10, 2019	Karate Testing (Sunday at the Clyde Event Center)
March 11 & 12, 2019	Open House for new students – NO CLASSES
May 5, 2019	SPRING Spirit of the Arts Open Tournament
May 31, 2019	Muay Thai Testing
May 31, 2019	Karate Youth White Belt Testing (Friday at the academy in Superior)
June 2, 2019	Karate Testing (Sunday at the Clyde Event Center)
June 3 & 4, 2019	Open House for new students – NO CLASSES
June 7-9, 2019	Karate and Muay Thai Boot Camp Adults
June 10-14, 2019	Karate Summer Camp 1st Week
June 15 & 16, 2019	Karate Black Belt Test (Youth, Adult and Upper ranks) and Muay Thai Black Sash Test
June 17-21, 2019	Karate Summer Camp 2nd Week
June 24-July 5, 2019	NO CLASSES - Summer Break
September 6, 2019	Muay Thai Testing
September 7, 2019	Karate Testing (Saturday at the academy in Superior)
September 9 & 10, 2019	Open House for new students – NO CLASSES
October 4 & 5, 2019	Academy Pictures
October 13, 2019	FALL Spirit of the Arts Open Tournament
November 28-30, 2019	NO CLASSES – Thanksgiving
December 6, 2019	Muay Thai Testing
December 6, 2019	Karate Youth White Belt Testing (Friday at the academy in Superior)
December 8, 2019	Karate Testing (Sunday at the Clyde Event Center)
December 23-January 4, 2020	NO CLASSES – Winter Break
March 13, 2020	Muay Thai Testing
March 13, 2020	Karate Youth White Belt Testing (Friday at the academy in Superior)
March 15, 2020	Karate Testing (Sunday at the Clyde Event Center)
March 16 & 17, 2020	Open House for new students – NO CLASSES
February 9, 2020	WINTER Spirit of the Arts Open Tournament

Please check for occasionally for updates on Facebook and on our webpage

Thank you for the opportunity to teach you and/or your children. It is a responsibility we take seriously. We appreciate any information regarding you or your child that you think may affect their/your performance, including any behavioral or attitudinal problems you may be experiencing at home or school.

Mr. & Mrs. Stein